

# Knox 4-H Club elects new officers

By **CORRIE EARTHMAN**

Knox County 4-H reporter

The 4-H year is back in full swing here in Knox City!

The first meeting of the Knox County 4-H Club was held at the United Methodist Church in Knox City with the following officers elected: Kathryn Cude, president, Ryan Earthman, Knox City vice president; Grace Tidwell, Munday vice president; Shawn Earthman, Secretary; Josiah Coplen, health and safety officer; McKayla Coplen, historian; and Corrie Earthman, reporter.

The annual Little Caesars Pizza Fundraiser is under way, so residents should watch for 4-Hers selling pizza, cookie dough, and more. The money goes to the club so that it can send members to leadership camps, buy club T-shirts and give awards at the end of the year.

A Food and Nutrition workshop was held last Wednesday at the courthouse in Benjamin. Future



**Members of 4-H practice for Food Challenge**

Food and Nutrition activities were discussed and Global Hand Washing Day was observed.

The 4-H members practiced for the Food Challenge, a 4-H competition where teams are given a mystery sack of ingredients that they must use to create a dish. They must prepare a dish and fill out a form with nutrition questions with only 40 minutes on the clock. Afterward, the team must present what they

made to the judges. All of this must be completed as a team, which is part of the challenge. Sixteen 4-Hers practiced together making applesauce pancakes.

"It was educational, challenging and fun, which is what it's all about!"

If you are interested or have questions about the Knox County 4-H Club, please contact the Extension Office at: (940)-459-2651