

Don't drive if drinking on Super Bowl day

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The Super Bowl is America's most watched national sporting event. On Super Bowl 50 Sunday, Feb. 7, 2 there will be lots of game day socializing that may include drinking. That's why the Texas A&M AgriLife Extension Service Watch UR BAC program is urging football fans to call the play now: Drinking OR driving. If you plan on drinking on Super Bowl Sunday, designate a sober driver to get you home safely.

"Drunk driving is completely preventable," said Texas A&M AgriLife Extension Service agent Lorrie Coop, CEA-FCS, Knox County. "All it takes is a little planning. We want fans to remember that it's a choice — drink or drive, but never do both.

Law enforcement agencies will be out in large numbers to stop anyone who makes the dangerous decision to drive impaired."

The Watch UR BAC program advises that if you're attending a Super Bowl party or watching the game at a sports bar or restaurant:

Designate your sober driver, or plan an-

other way to get home safely before the party begins.

If you don't have a designated driver, then ask a sober friend for a ride home; or call a cab, friend or relative to come and get you.

If you are at a friend's house, stay the night.

Never let friends drive if they have had too much to drink. If you're hosting a Super Bowl party:

Make sure all your guests have a non-drinking driver to take them home, or arrange for alternate transportation to see that they get home safely.

Serve plenty of food and non-alcoholic drinks at the party.

Host your party just like they do at the stadium. Stop serving alcohol at the end of the third

quarter of the game, and begin serving coffee and dessert.

Take the keys away from anyone who has had too much to drink.

Remember, you can be held liable and prosecuted if someone you served ends up in a drunk-driving crash.