

Nchota will work on health programs



Tatiana Nchota and Lorrie Coop to lead health, wellness program

BENJAMIN—Tatiana Nchota with the AmeriCorps Volunteers in Service was introduced to the Knox County Commissioners on Monday.

Nchota, a recent graduate of Towson College in Maryland who was born in Cameroon in West Africa, will be working with Lorrie Coop, the county extension agent for family and consumer sciences, here in Knox County for the next year to

improve health and wellness for residents with the "Healthy Futures" project, a joint effort between AgriLife and the Abilene Health Education Center.

Following a training session in College Station next week, the pair will first be concentrating on the "Texas, Eat, Go" program, which is designed to increase fruit and vegetables consumption for kids.