

THE KNOX COUNTY

News-Courier

Time to start 4-H activities

Ryan Earthman

Special to The News-Courier
THURSDAY, SEPTEMBER 15, 2016

Autumn is almost upon us, and with it comes the start of another 4-H year. Now is the perfect time to join, as you will have the opportunity to participate in any contest throughout the year. But perhaps you would like to know just a bit more about 4-H. Very well, read on.

4-H is a club which seeks to teach and connect children up to the 12th grade who share a few of the same interests. It has a focus on agriculture, with activities such as rais-

ing and showing animals, horse, beef and swine quiz bowls and range, grass and soil identification, but has expanded to include activities for shooting sports, cooking, clothing, fashion, robotics, public speaking, photography, music, and a host of other categories.

Each has one or more contests during the year, with some being individual and others being team competitions. Competing is not mandatory, but contests are a great way to utilize the skills you are learning. Regardless of which activity (or activities) you choose to follow, you will not only be

having fun, but you will be developing skills you can use for the rest of your life, such as being comfortable in front of a crowd, public speaking, creating a nutritious meal or identifying a healthy animal.

The Knox County 4-H Club will be holding our first meeting of the year and annual banquet on Sept. 19 at the Benjamin Courthouse at 6 p.m. Monthly meetings will be on the third Monday at the Benjamin Courthouse at 6 p.m. If you would like more information, contact the Knox County Extension Office at 940 459-2651.